Coverage Period: 01/01/2019 – 12/31/2019

Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.dc16trustfund.org</u> or call 1-800-922-9902. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.dol.gov/ebsa/healthreform</u> or call 1-800-922-9902 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	PPO and Non-PPO providers: \$300/individual, \$600/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. PPO ACA required <u>preventive care</u> , hearing aids, hospice care, chiropractic services, mental health and chemical dependency services through Beat It!, outpatient <u>prescription drugs</u> , ambulance, and emergency room facility charges.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	Yes. Depending on the dental option you choose, you may have a <u>deductible</u> for dental services under a separate <u>plan</u> . There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific deductible amount before the dental plan begins to pay for these services.
What is the <u>out-</u> <u>of-pocket limit</u> for this <u>plan</u> ?	Medical <u>plan</u> PPO <u>providers</u> : <b>\$3,500</b> /individual, <b>\$7,000</b> /family Outpatient <u>Prescription Drugs</u> (in- <u>network</u> ): <b>\$3,100</b> /individual, <b>\$6,200</b> /family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Medical PPO <u>Out-of-Pocket Limit</u> does not include: <u>Premiums</u> , <u>balance-billing</u> charges, charges exceeding the reference-based price, charges in excess of benefit maximums, charges from Non-PPO <u>providers</u> (except <u>emergency services</u> for <u>emergency medical condition</u> ), penalties for failure to obtain <u>preauthorization</u> , <u>prescription drug</u> costs, dental and vision expenses, and health care this <u>plan</u> doesn't cover. <u>Prescription Drug Out-of-Pocket Limit</u> does not include: <u>Premiums</u> , <u>balance-billing</u> charges, <u>out-of-network prescription drugs</u> , Non-formulary drugs (unless exception approved), medical, dental and vision expenses.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <a href="https://www.anthem.com/ca">www.anthem.com/ca</a> or call the Trust Fund Office at 1-800-922-9902 for a list of PPO <a href="providers">providers</a> . For a list of Anthem Blue Card <a href="providers">providers</a> outside of California see <a href="www.bluecares.com">www.bluecares.com</a> or call 1-800-810-2583. For mental health and chemical dependency benefits, contact Beat It! at 1-800-828-3939.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No. However, <u>preauthorization</u> from Care Counseling is required to receive the highest level of benefits. Please call Care Counseling at 1-800-999-1999 for more information.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	Information
	Primary care visit to treat an injury or illness	\$20 <u>copayment</u> /visit	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	None.
If you visit a health care provider's	Specialist visit	\$20 <u>copayment/visit</u> (waived if <u>preauthorization</u> from Care Counseling Service is obtained). <u>Deductible</u> does not apply.	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	None.
office or clinic	Preventive care/screening/ immunization	No charge, <u>deductible</u> does not apply.	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a	<u>Diagnostic test</u> (x-ray, blood work)	\$20 copayment/procedure (waived if preauthorization from Care Counseling Service is obtained).	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	Lab services obtained in a <u>provider's</u> office but sent to a free-standing lab for processing require a separate lab <u>copayment</u> (unless <u>preauthorization</u> from Care Counseling Services is obtained).
test	Imaging (CT/PET scans, MRIs)	\$20 <u>copayment/provider/visit</u> (waived if <u>preauthorization</u> from Care Counseling Service is obtained).	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	None.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	Information	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at	Formulary drugs	Retail (30-day supply): \$4 <u>copayment</u> /fill  Mail Order (90-day supply): \$8 <u>copayment</u> /fill	You must pay 100% of the cost at the time of purchase, and submit a claim for reimbursement. The Plan will reimburse the cost of the drug if filled at an in-network pharmacy, less the applicable copayment.	<ul> <li>Deductible does not apply. Your cost sharing counts toward the out-of-pocket limit for prescription drugs.</li> <li>If the cost of the drug is less than the copayment, you pay just the drug cost.</li> <li>No charge for FDA-approved generic contraceptives (or brand name contraceptives if a generic is medically inappropriate).</li> <li>Your provider can request a formulary exception if you are not able to take a formulary drug.</li> </ul>	
www.welldynerx. com or call 1-	Non-Formulary drugs	Not covered	Not covered	You pay 100% of these drugs, even in- <u>network</u> (unless an exception is approved by the PBM).	
888-479-2000.	Specialty drugs	\$20 <u>copayment</u> /fill, plus 20% <u>coinsurance</u> .	Not covered	Physician administered drugs and infusion drugs provided under a Home Health program require preauthorization to avoid nonpayment.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$20 <u>copayment</u> /visit (waived if <u>preauthorization</u> from Care Counseling Service is obtained).	Ambulatory Surgical Center: 25% coinsurance up to \$350. You are responsible for all charges over \$350.  Outpatient Hospital: 50% coinsurance up to \$350. You are responsible for all charges over \$350.	<ul> <li>Preauthorization of elective surgery at an ambulatory surgery center is required to avoid a 25% penalty.</li> <li>Arthroscopies, cataract surgery, and colonoscopies performed in an outpatient hospital setting are subject to a maximum allowed charge for the facility fee of \$6,000 per arthroscopy, \$2,000 per cataract surgery, and \$1,500 per colonoscopy. (These limits do not apply to surgery in an ambulatory surgery center.) Charges over these limits do not count toward the out-of-pocket limit.</li> </ul>	
	Physician/surgeon fees	\$20 <u>copayment/visit</u> (waived if <u>preauthorization</u> from Care Counseling Service is obtained).	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	None.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event		PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	Information	
If you need	Emergency room care	\$100 <u>copayment</u> /visit. <u>Deductible</u> does not apply.	\$100 copayment/ visit, plus balance billing. Deductible does not apply.	Copayment waived if transported to the hospital by professional ambulance or if you are admitted to the hospital directly from the emergency room. Physician/professional services may be billed separately.	
immediate medical attention	Emergency medical transportation	\$100 copayment/trip. Deductible does not apply.	\$100 copayment/ trip plus balance billing. Deductible does not apply.	Covered only where patient's medical condition requires paramedic support, and to the first hospital where treatment is given. Physician/professional services may be billed separately.	
	<u>Urgent care</u>	\$20 <u>copayment</u> /visit (waived if <u>preauthorization</u> from Care Counseling Service is obtained).	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	Physician/professional services may be billed separately.	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance (no charge if condition is life threatening and you are admitted through the emergency room until medically safe to move).	50% coinsurance (no charge except balance billing if condition is life threatening and you are admitted through the emergency room until medically safe to move).	<ul> <li>Non-emergency admission requires preauthorization from Anthem to avoid a 25% penalty.</li> <li>Total hip or total knee replacement surgeries performed within the state of California are subject to a maximum facility fee allowed charge of \$30,000 per surgery.</li> <li>Non-PPO facility fee for total hip and/or total knee replacement are subject to a maximum payment of \$350.</li> <li>Charges over plan limits do not count toward the out-of-pocket limit.</li> <li>Semi-private room covered.</li> </ul>	
	Physician/surgeon fees	No charge.	50% coinsurance plus balance billing.	None.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	Information	
If you need	Outpatient services	Anthem: Office visits: No charge, deductible does not apply. All other: No charge. Beat It!: No charge, deductible does not apply.	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	Deductible does not apply to Beat It!.	
mental health, behavioral health, or substance abuse services	Inpatient services	Anthem: 20% coinsurance (no charge if condition is life threatening and you are admitted through the emergency room until medically safe to move).  Beat It!: 20% coinsurance (no charge if condition is life threatening and you are admitted through the emergency room until medically safe to move).  Deductible does not apply.	50% coinsurance (no charge except balance billing if condition is life threatening and you are admitted through the emergency room until medically safe to move).	Non-emergency admission requires preauthorization from Anthem or Beat It! to avoid a 25% penalty. Deductible does not apply to Beat It!.	
	Office visits	\$20 <u>copayment</u> /visit (waived if <u>preauthorization</u> from Care Counseling Service is obtained). <u>Deductible</u> does not apply.	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	<ul> <li>Cost sharing does not apply for preventive services.</li> <li>Maternity care may include tests and services described somewhere else in the SBC (i.e., ultrasound).</li> </ul>	
If you are pregnant	Childbirth/delivery professional services	No charge.	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	None.	
prognant	Childbirth/delivery facility services	20% coinsurance (no charge if condition is life threatening and you are admitted through the emergency room until medically safe to move).	50% coinsurance (no charge except balance billing if condition is life threatening and you are admitted through the emergency room until medically safe to move).	Semi-private room covered. Hospital stay of more than 48 hours for vaginal delivery or 96 hours for C-section requires preauthorization from Anthem to avoid a 25% penalty.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	Information	
	Home health care	\$10 copayment/visit.	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	Limited to 100 visits per calendar year.	
	Rehabilitation services	Outpatient: \$20 <u>copayment</u> /provider/visit (waived if <u>preauthorization</u> from Care Counseling Service is obtained). Inpatient: 20% <u>coinsurance</u>	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	Inpatient admission requires <u>preauthorization</u> from Anthem to avoid a 25% penalty. Outpatient <u>rehabilitation services</u> in excess of 25 visits in the calendar year require <u>preauthorization</u> from the Care Counseling Services to avoid nonpayment.	
If you need help	Habilitation services	Not covered	Not covered	You pay 100% of these services, even innetwork.	
recovering or have other special health needs	Skilled nursing care	20% coinsurance (no charge if condition is life threatening and you are admitted through the emergency room until medically safe to move).	50% coinsurance (no charge except balance billing if condition is life threatening and you are admitted through the emergency room until medically safe to move).	Inpatient admission requires <u>preauthorization</u> from Anthem to avoid a 25% penalty. Limited to 100 days per calendar year.	
	<u>Durable medical</u> <u>equipment</u>	No charge.	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> .	Rental covered up to purchase price.	
	Hospice services	No charge. <u>Deductible</u> does not apply.	50% <u>coinsurance</u> plus <u>balance</u> <u>billing</u> . <u>Deductible</u> does not apply.	Covered if terminally ill.	
	Children's eye exam	Not covered	Not covered	If you elect vision coverage, it will be available	
If your child	Children's glasses	Not covered	Not covered	under a separate vision <u>plan</u> through VSP.	
needs dental or eye care	Children's dental check-up	Not covered	Not covered	If you elect dental coverage, it will be available under a separate dental <u>plan</u> through Delta Dental, DeltaCare USA, or UHC.	

### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult and Child) (available under separate dental <u>plan</u>)
- Habilitation services
- Infertility treatment

- Long-term care
- Non-emergency care when traveling outside of the U.S.
- Non-formulary drugs (unless an exception is approved)
- Private-duty nursing
- Routine eye care (Adult and Child) (available under separate vision plan)
- Weight loss programs (except preventive services required under Health Reform)

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (up to 25 visits/year)
- Bariatric Surgery (preauthorization is required)
- Chiropractic care (up to 25 visits/year)
- Hearing aids (limited to \$800/device/ear every 48 months)
- Routine foot care (for insulin dependent diabetics)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: The Trust Fund Office at 1-800-922-9902. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-922-9902.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-922-9902.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-922-9902.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-922-9902.

—To see examples of how this plan might cover costs for a sample medical situation, see the next section.———

#### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$1,000
Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other copayment (Formulary Rx)	\$4

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800
In this example Peg would pay:	

in this example, i eg wedia pay.			
Cost Sharing			
Deductibles	\$300		
Copayments	\$30		
Coinsurance	\$2,000		
What isn't covered			
Limits or exclusions	\$10		
The total Peg would pay is	\$2,340		

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,000
■ Specialist copayment	\$0
Hospital (facility) coinsurance	0%
Other copayment (Formulary Rx)	\$4

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs

Durable medical equipment (glucose meter)

**Total Example Cost** 

lr	In this example, Joe would pay:				
	Cost Sharing				
	Deductibles	\$190			
	Copayments	\$370			
	Coinsurance	\$0			
	What isn't covered				
	Limits or exclusions	\$30			
	The total Joe would pay is	\$590			

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$1,000
Specialist copayment	<b>\$0</b>
■ Hospital (facility) coinsurance	0%
Other copayment (ER)	\$100

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,400

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

#### In this example, Mia would pay:

Cost Sharing		
Deductibles	\$250	
Copayments	\$100	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$350	