

Directions for Member and Spouse Login to MedExpert QMMS Web Portal

Step 1: Go to URL <https://smartchoice.medexpertthehealth.com>

Step 2: Select REGISTER

Step 3: Select MEMBER

Step 4: Authentication Information

- Complete the information as it pertains to you
- Click both boxes below your information to verify the information is correct, and that it pertains only to you
- Click the box next to 'I'm not a robot'
- Click NEXT

Step 5: Address

- Type your address in the boxes provided
- Click NEXT

Step 6: Create Login

- Choose a username
- Choose a password and retype it in the following box
- Select a security question and an answer that you are likely to remember
- Click NEXT

Step 7: Verification method

- Enter either a mobile number or email address you have ready access to
- Click on the verification method you wish to use

Step 8: Verify Registration

- If using email, click on link in email sent to you, or type the code found in the email at the program website as indicated
- If using mobile/SMS, type the code sent to your phone at the program website as indicated
- If you typed the code at the website, click SUBMIT

Step 9: Log In

- You are returned to the login page
- Type the username and password you chose at registration
- Click LOGIN

Step 10: Review the 'Tips' and click OK

Step 11: Confirm your name appears at top. Click the arrow on the right side of the screen

Step 12: Click GET STARTED

Step 13: Take HRQ

- Click ASSESSMENTS button
- Click HEALTH RISK QUESTIONNAIRE button
- Click TAKE HRQ NOW button